



PHYSICAL LIFESTYLE FOR AUTISTIC YOUTH

What is PLAY?

PLAY is a non for profit organization dedicated to facilitating the wellbeing of families living with Autism. Focusing on healthy lifestyles by means of physical education and the development of essential social skills.

What makes our program unique?

Unlike most programs designed for Autistic youth; PLAY provides personal 1 on 1 support for each student. Our staff is dedicated in helping to bring out the best in each individual. The friendships that we develop help to build confidence and trust that will initiate communication and social skills amongst their peers all while having FUN.

Program Structure



The PLAY program services autistic youth, teaching them the fundamentals of soccer and basketball while having fun. Our dedicated staff of volunteers support the PLAY Program Coordinator in weekly sessions that encourage the development of motor and social skills for autistic youths.

In Class Weekly Sessions

Brampton / Caledon Location
Tuesdays 6:30Pm – 7:30Pm
Carberry Public School
526 Fernforest Drive
Brampton, On L6R 0W1

Mississauga Location
Wednesdays 6:30Pm – 7:30Pm
Barondale Public School
200 Barondale Dr, Mississauga On
L4Z 3N7

Contact Us

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